

THE PERFECT WEEK

	MON	TUES	WED	THURS	FRI	SAT	SUN
5:00am							
6:00am							
7.00							
7:00am							
8:00am							
9:00am							
10:00am							
11:00am							
12:00pm							
1:00pm							
2:00pm							
3:00pm							
4:00pm							
5:00pm							
6:00pm							
7:00pm							
8:00pm							
9:00pm							
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11:00pm							

